

## Friday, March 6th

Room	<u>A</u>	<u>B</u>	<u>C</u>
Track	<u>Protecting our old time foods</u>	<u>Community Resilience</u>	<u>Growing our Gardens and Medicines</u>
<b>8:00</b>	<b>BREAKFAST</b> <b>Bob Shimek, Kim Anderson – Opening</b>		
<b>9:15-10:15</b>	<b>Food Crops for Health: Human Health Benefits for Traditional Native American Crops</b> Dipayan Sarkar, Jamie Holding Eagle	<b>Food Security - The True Determinate of Tribal Sovereignty</b> Shirley Nordrum, Nicole Buckanaga	<b>Traditional Seed Saving Techniques and Stories</b> Clayton Brascoupe, Rowen White
<b>10:15-10:30</b>	<b>BREAK</b>		
<b>10:30-12:00</b>	<b>Protecting our Corn from Transgenic Corn Pollen</b> Frank Kutka	<b>Native American Food Sovereignty Alliance Discussion Panel</b> Pati Martinson, Terrie Badhand Clayton Brascoupe, Dan Cornelius, Winona LaDuke	<b>Elderberry Immunity Support Syrup and Loving the Weeds in Your Garden</b> Linda Black Elk, Teresita Equay Diaz
<b>12:00</b>	<b>LUNCH</b>		
<b>12:20 – 1:10</b>	<b>Industrial Agriculture and Genetic Engineering on Pollinators, the Environment and Human Health - Doug Gurian-Sherman from Center of Food Safety</b> <b>An Indigenous Perspective on Development - Michael Myers</b>		
<b>1:15- 2:45</b>	<b>Seed Swap. Visit Vendors and Booths. Silent Auction. Group Discussions.</b>		
<b>2:45-3:45</b>	<b>Genetic Engineering 101 What is it? How Does it Work?</b> Doug Gurian-Sherman	<b>Multidimensional Food Enthusiasts from the Urban Streets, Gardens and Forests of Winnipeg Manitoba</b> Anna Sigrithur, Natalie Elizabeth, Audrey Logan	<b>Deep Winter Greenhouse Construction and Production</b> Ryan Pesch
<b>4:00-5:00</b>	<b>An Indigenous Perspective on Development In-Depth Discussion</b> Mike Myers	<b>Upper Midwest Indigenous Seed Keepers Network Panel and Discussion</b> Diane Wilson, Jamie Holding Eagle, Rowen White, Zachary Paige	<b>Minimalist Methods for Small Scale Gardening</b> Sue Wika, Tony Baguss
<b>5:00 – 5:30</b>	<b>Seed Swap. Visit Vendors and Booths. Silent Auction.</b>		
<b>5:30 – 6:30</b>	<b>Natasha Myhal</b> <b>Keynote: Speaking To Seeds For The Next Seven Generations</b> <b>Shannon Francis</b>		
<b>6:30</b>	<b>DINNER</b>		
<b>7:00 on</b>	<b>Beading with Wendy Roy</b>		

## Saturday March 7<sup>th</sup>

Room Track	<u>A</u>  <u>Protecting our old time foods</u>	<u>B</u>  <u>Community Resilience</u>	<u>C</u>  <u>Growing our Gardens and Medicines</u>
<b>8:00</b>	<b>BREAKFAST Announcements</b>		
<b>9:15-10:15</b>	<b>Spirit Food: A Multi-Dimensional Overview of the Decolonizing Diet Project</b> Martin Reinhardt	<b>Meechim Inc. Grows Livelihoods, Capacity and Food in Garden Hill First Nation, Canada</b> Larry Wood, Darcy Wood, Byron Beardy, Shirley Thompson	<b>Enjoy Your Home-Grown Food Year 'Round With an Energy Efficient Root Cellar</b> John Fisher-Merritt
<b>10:00-10:15</b>	<b>BREAK</b>		
<b>10:30-12:00</b>	<b>Stories of Local Food Skills &amp; Capacity Building in Weledeh, Denendeh Canada</b> Chief Ernest Betsina and Lone Sorensen	<b>Tribal College Community Garden Program Discussion</b> White Earth, Morris, Fond du Lac, LCOOCC, Ho Chunk, Sitting Bull, UTTC, Leech Lake and more	<b>Indigenous Permaculture, Weaving Healthy and Sustainable Life Ways Through Traditional Ecological Knowledge and Innovative Science</b> Shannon Francis
<b>12:00 12:30-1:15</b>	<b>LUNCH</b> <b>Tyonnhehkwen "It to us gives us life!" Indigenous Sovereignty is in Our Seeds</b> Dan Longboat		
<b>1:15– 2:45</b>	<b>Seed Swap. Visit Vendors and Booths. Silent Auction. Group Discussions.</b>		
<b>2:45-3:45</b>	<b>Indigenous Food Foundations and Transformative Education</b> Dan Longboat, Paula Anderson	<b>Food is our Medicine: Food Policy Initiative and Indigenous Foods Challenge</b> Ken Parker	<b>Climate Chaos Through Indigenous Eyes</b> Hannah Smith and Panel
<b>4:00-5:00</b>	<b>Toxic Taters: Building a People's Pesticide Resistance</b> Amy Mondloch	<b>Regenerating a Community Food System, (Bringing the Best of the Past into the Future)</b> Pati Martinson Terrie Badhand	<b>Ancient Methods of Food Preservation and Making Medicines From the Foods You Grow</b> Rebecca Gawboy
<b>5:15-6:00</b>	<b>Teresita Equay Diaz – Backyard Medicine</b> <b>Keynote: Elizabeth Hoover - Bringing the Indigenous Food Movement To You</b> Elizabeth visited 40 Native American farming, gardening, hydroponics, and seed saving projects, in 11 different states. This presentation will distill all of the challenges and discuss best practices moving forward.		
<b>6:30</b>	<b>BANQUET DINNER served by Sioux Chef, Sean Sherman</b> Indigenous Farming Conference Awards -Vendor Silent Auction Prizes Music by SisterTree, Metis Traditional Jigging, Traditional Dancing		

# Sunday March 8th

	<u>A</u>	<u>B</u>	<u>C</u>
	<u>Protecting old time foods</u>	<u>Community Resilience</u>	<u>Growing our Gardens and Medicines</u>
<b>8:00</b>	<b>BREAKFAST</b>		
<b>9:15-10:15</b>	<b>Eating for the Ancestors</b> Dr. Constanza Ocampo-Raeder	<b>Food hub Fun - Collaborating for Success</b> Jane Eastes, Jessica Saucedo	<b>Participatory Trials of Potato Varieties on Midwest Organic Farms</b> Amy Charkowski
<b>10:30 – 11:30</b>	<b>White Earth Land Recovery Projects and Food Sovereignty Discussion</b> James Shimek and Bob Shimek		
<b>11:30-12:00</b>	<b>BREAK</b>		
<b>12:00</b>	<b>LUNCH</b> Winona LaDuke - Closing Remarks		



# YOUTH SCHEDULE

## *Friday March 6<sup>th</sup>*

**9:20 - 10:30am**

*Kitchen (Main Floor) - DOWH Food is Medicine and Cooking Demo with Youth Leaders from the new Healthy Lifeways Cookbook  
Room D (102) - Beading Jewelry with Wendy Roy  
Room E (103) - Seed Saving Beans with Stanton Alexander*

**10:40 - 12:00**

*Room D (102) - Beading Jewelry with Wendy Roy  
Room E (103) - Seed Saving Beans with Stanton Alexander  
Room F (106) Making seed balls with Jamie Holding Eagle*

**12:00 - 1:00**

**LUNCH**

**3:00 - 4:00**

*Beading Jewelry with Wendy Roy (tentative)*

## *Saturday, March 7th*

**9:20 - 10:20am**

*Kitchen (Main Floor) - DOWH Food is Medicine and Cooking Demo with Youth Leaders from the new Healthy Lifeways Cookbook*

**10:40 - 12:00pm**

*Room E (103) Rowen, Maizie and Stan Alexander - Seed Keeping Workshop*